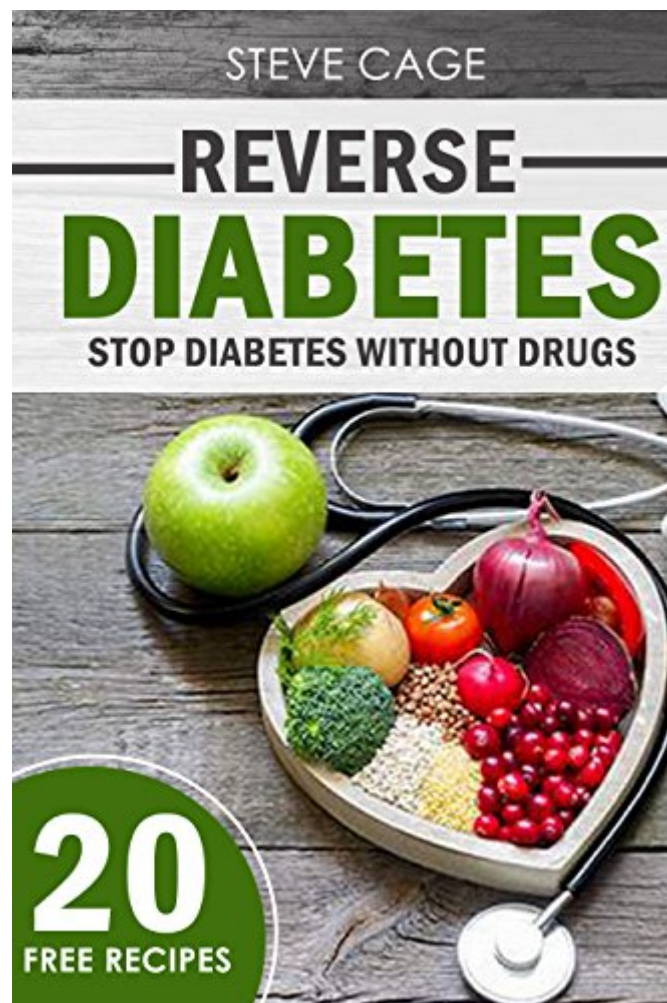


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# **Reverse Diabetes: Stop Diabetes Without Drugs (Type 1 And 2 Diabetes, Symptoms, Diabetes Cure, Diabetes Solution, Diabetes Cookbook, Diabetes Diet, Diabetes Nutrition)**





## Synopsis

This book will help you gain knowledge to reverse Diabetes without using any drugs. All you need to do, is have strong will power and follow the steps provided in this book Today only, get this bestseller for 2.99\$. Regularly priced at \$6.99. Read on your PC, Mac, smart phone, tablet or Kindle device. According to Steve, to understand what diabetes really is, you need to understand the mechanism and the role of a hormone named insulin. As stated earlier, Insulin is a very important natural hormone that is made by the pancreas along with another hormone called glucagon - which is the total opposite of insulin. Insulin brings the sugar in the blood down to manageable levels making it easier to break down the carbohydrates, fats, etc. But glucagon brings the sugar rate up to dangerous levels, causing the pancreas to become extremely stressed. So, when you consume lots of sugar as a diabetic, you are basically putting your life in danger. We know that an extremely stressed pancreas breaks down like a car and stops producing enough insulin to keep the body going forward. This is why diabetics who throw all caution to the wind by eating anything they want with no care in the world will typically inject themselves with insulin to bring and keep their blood sugar levels down. Other diabetics need to take pills or use natural remedies to bring their blood sugar down naturally. During this process, the pancreas wants to bring the sugar level down itself, so it distributes insulin to the bloodstream but unfortunately loses its ability to produce it, which makes the blood sugar rise up. The result is of course diabetes. Understand that when you eat something, your body prepares to digest it and benefit from the energy it gets from this process. There are millions of cells in our body that need to be fed to provide energy for the body. The process of digestion begins in the mouth and continues further, hitting almost every organ in your body. Your body then converts the food into sugar or glucose, and your pancreas is supposed to release insulin which regulates sugar in your blood. You can imagine insulin as a usual key player that will open the doors of your cells. Imagine cells as houses and glucose/sugar as a visitor. When insulin works right, visitors are welcome into the house and have no problem entering. When there is no key or the key does not match, there is a problem because the human body needs glucose for growth and energy. Without visitors in the cell, the body can't transform glucose into energy that we need. Here is a preview of what you will learn... Overview of Diabetes Tests for Diabetes and who is at risk Type 1 and Type 2 Diabetes Food and diet: Foods to take and food to avoid Exercises to reverse Diabetes Diabetic Recipes: 20 Recipes Tips And More.

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## Book Information

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## Customer Reviews

This is a good book on Reverse Diabetes.All of the things, tips and guides that I need to know about How To Stop Diabetes Without Drugs are already included and well written inside. Ben Dawson has done an incredible awesome job in compiling and creating this book.Also the unique part of this book is the compilations of the ÃfÂçÃ â ÑÃ Â“What your doctor and the pharmacies are not willing to tell you about your disease & Natural and alternative ways to treat diabetesÃfÂçÃ â ÑÃ Â•. Very informative, useful and well written.This book is really a great resource for those who want to learn more about Reverse Diabetes.

A very helpful book that everyone who has diabetes or has a family member or friend who have diabetes should read. It`s powerful. Diabetes is serious and should be taken care of in the right way. This book provides some very good recipes for diabetics and foods that are good for not just diabetics but for others to maintain optimal health. Good read!

Such an awesome book!!!!Informative book about invert diabetes. This book will enable you to pick up information to turn around Diabetes without utilizing any drugs.i like it and suggested for all.

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My mom has diabetes, I want to help her to cure her from diabetes. This the perfect book for recovering her health. After a long time, I found this book. It is very informative I learned how to reverse diabetes and now I am helping my mother. I really love my mother I dont want to see her suffering. I'm very thankful because gradually her health is recovering. Much better if I will recommend this to other. I want to help them too.

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Reverse Diabestes is very great and Best book.I like this book.i just love it.Highly recommend

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